



USE OF CHANGING ROOMS AND SHOWERING FACILITIES

BRIDGE OF ALLAN SPORTS CLUB

POLICY ON THE USE OF CHANGING ROOMS

BOASC strives to ensure that all children are safeguarded from abuse and have an enjoyable sporting experience.

One of the areas where children are particularly vulnerable at many sports facilities is the changing/shower room. Limited changing facilities sometimes mean that people of all ages regularly need to change and shower during the same period.

This document sets out the BOASC policy for the acceptable use of our changing rooms.

1. Adults should avoid changing or showering at the same time as children whenever possible. If limited changing facilities mean that adults and children must share, adults must take care to protect the modesty and privacy of themselves and the children. Parents/carers should be made aware if this is likely to be the case. Privacy screens are put in place at times when there is an increased risk of adults / children sharing the changing rooms, (e.g Activity Camps / Children's tournaments).
2. It is currently unavoidable that changing rooms are used by both adults and children at the same time. At coaching sessions, children should only use the toilet or changing room where the coach has ensured the changing room is not being used by adults.
3. An adult should not be alone with a child in the changing areas. If possible, more than one adult should supervise changing areas. Extra vigilance may also be required if there is public access to the venue.
4. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
5. Mixed gender groups of children will have access to separate changing rooms.
6. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their

needs (*n.b. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>*)

7. No photography or filming is allowed in changing areas.
8. For younger groups of children, a PVG checked member of staff, coach or volunteer will wait outside the changing rooms to allow children to call for assistance if required.

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